



Fun ideas for enjoying fall with your family!

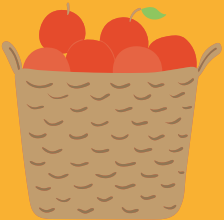


The fresh air, the pumpkins, the tree leaves... the beauty of autumn offers you many opportunities to connect with your child and spend quality time together!

Here are some ideas that will bring fun to the whole family!



1. Enjoy the moment by jumping together in piles of leaves in your garden or in a park near you. Take full advantage of this moment to let yourself go and laugh heartily!



2. Go apple picking with your family in an apple orchard. You can then enjoy a good hot chocolate when you come home or prepare tasty desserts together with the picked apples.



3. Have fun decorating or carving pumpkins together. You can also organize a contest and vote for the funniest pumpkin or the scariest one!



4. Make your own Halloween costume! Use your creativity and what you already have at home (old clothes, rubbans, glue, etc.) to create an original costume that suits you!



5. If it's too cold to go play outside you can play a board game or invent a game using your imagination!

6. Create an original craft using tree leaves or pine cones collected during a walk. You can use glue, paper, glitters, paint, etc.



REMEMBER... your child will appreciate more than anything to do activities with you, your presence is the most precious gift that you can offer him. Have fun!

