

# How to play with your child?



Playing is the child's natural language and it is essential to help your children grow well, from the first months of life.



Interacting with your baby starts from the first weeks of life.



## SOME BENEFITS OF THE GAME:

- Strengthens the parent-child relationship
- Helps your child gain self-confidence, express and assert himself
- Facilitates your child's cooperation
- Promotes vocabulary development
- Promotes your child's imagination, fine motor skills and logical sense (putting things in the right order).

Here are some tips for playing with your child and enjoying great times together:



Your child is sitting on the floor in his bedroom or in your living room. Join him and put yourself within his reach, that is to say on the ground. You can use cushions if that is more comfortable for you.

Leave the initiative of the game to your child. If he has no game ideas, offer him some game options, give him importance by entrusting him with part of the game preparation or by valuing his choice!

During the game, set aside all distractions. Try to listen carefully to your child, and take full advantage of the present moment. Toy storage can also be part of the game!

REMEMBER, you don't have to plan any particular activity or spend a lot of money. Your child will especially appreciate your presence and your love.

